



# DANCE INC. 2023-2024 FALL/SPRING SCHEDULE

15933 Manchester Rd • Ellisville, Mo. 63011 • Phone: 636-394-0023

email: [danceincorporated@att.net](mailto:danceincorporated@att.net)

website: [dance-inc.com](http://dance-inc.com)

facebook: [Dance Inc](https://www.facebook.com/DanceInc)

instagram: [dance\\_incorporated](https://www.instagram.com/dance_incorporated)

## AGE 2-3 Tap/Ballet/Creative Movement

5078	Tiny Tot 2-3	1 recital routine	Monday	5:00pm to 5:45pm	Jensyn
5130	Tiny Tot 2-3	1 recital routine	Tuesday	11:30am to 12:15pm	Becky

## AGE 3-4 Tap/Ballet/Tumbling

5115	Tiny Tot 3-4	2 recital routines	Thursday	4:45pm to 5:45pm	Lauren H
5077	Tiny Tot 3-4	2 recital routines	Saturday	10:00am to 11:00am	Kayla

## AGE 4-5

5117	Cheer Dance Tumble	1 recital routine	Saturday	9:00am to 10:00am	Kayla
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## AGE 5-7

5063	Jazz/Poms	2 recital routines	Tuesday	5:30pm to 6:30pm	Lauren B
5082	Tap/Ballet/Jazz	3 recital routines	Wednesday	6:15pm to 7:45pm	Nicole
5108	Tap/Ballet	2 recital routines	Wednesday	6:15pm to 7:15pm	Nicole
5109	Ballet/Jazz	2 recital routines	Wednesday	6:45pm to 7:45pm	Nicole

CONSECUTIVE PERFORMANCE CLASSES FOR YOUR CONVENIENCE  
GUARANTEED TO BE IN THE SAME RECITAL

## AGE 5-8

5064	Hip Hop	1 recital routine	Tuesday	4:45pm to 5:30pm	Chloe
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## AGE 6-10

5098	Ballet/Tap	2 recital routines	Saturday	11:00am to 12:00pm	Kayla
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## AGE 6-Teen

5100	Tumbling	Beg/Int/Adv	Wednesday	4:45pm to 5:30pm	Jeannine
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## AGE 6-12

5100	Tumbling	required for below class	Wednesday	4:45pm to 5:30pm	Jeannine
5114	Cheer Dance Inc. Team	1 competition/recital routine	Wednesday	5:30pm to 6:15pm	Jeannine

## AGE 7-9

5055	Ballet/Jazz/Poms	3 recital routines	Tuesday	6:30pm to 8:00pm	Lauren B
5054	Ballet/Jazz	2 recital routines	Tuesday	6:30pm to 7:30pm	Lauren B
5062	Jazz/Poms	2 recital routines	Tuesday	7:00pm to 8:00pm	Lauren B

CONSECUTIVE PERFORMANCE  
CLASSES FOR YOUR  
CONVENIENCE  
GUARANTEED TO BE  
IN THE SAME RECITAL

## AGE 7-10

5119	STEP ABOVE Technique	required for below class	Monday	5:00pm to 5:45pm	Mia
5120	STEP ABOVE Performance	1 competition/recital routine	Monday	5:45pm to 6:30pm	Mia

## AGE 8-11

5111	Lyrical	1 recital routine	Thursday	6:00pm to 6:45pm	Lauren H
5128	Ballet	1 recital routine	Thursday	6:45pm to 7:30pm	Lauren H

CONSECUTIVE PERFORMANCE  
CLASSES FOR YOUR  
CONVENIENCE  
GUARANTEED TO BE  
IN THE SAME RECITAL

## AGE 8-Teen

5192	Musical Theatre	1 recital routine	Thursday	5:00pm to 6:00pm	Chloe
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## AGE 9-12

5068	Hip Hop	1 recital routine	Monday	6:30pm to 7:15pm	Mia
5103	Jazz	1 recital routine	Monday	7:15pm to 8:00pm	Mia
5182	Jazz/Poms	2 recital routines	Tuesday	6:45pm to 7:45pm	Chloe

CONSECUTIVE PERFORMANCE  
CLASSES FOR YOUR  
CONVENIENCE  
GUARANTEED TO BE  
IN THE SAME RECITAL

## AGE 9-Teen

5181	Stretch, Leaps and Turns		Monday	8:00pm to 8:45pm	Camri
5094	Stretch Leaps and Turns		Saturday	12:00pm to 1:00pm	Kayla

## AGE 11-Teen

5085	STEP ABOVE Technique	required for below class	Wednesday	7:45pm to 8:45pm	Nicole
5086	STEP ABOVE Performance	1 competition/recital routine	Wednesday	8:45pm to 9:30pm	Nicole

**MORE ON BACK**

**VOICE**

**CHEER &  
DANCE TEAM**

**STEP ABOVE**

**AERIAL SILKS**

**PROGRAMS  
ON BACK!**



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## AGE 12-Teen

5124	Hip Hop	1 recital routine	Monday	8:00pm to 8:45pm	Mia
5125	Jazz	1 recital routine	Monday	8:45pm to 9:30pm	Mia
5096	Dance Team Technique		Monday	8:45pm to 9:30pm	Carson H
5191	Competitive Dance Team Prep	competition/recital routine	Wednesday	7:00pm - 8:15pm	Chloe
5060	Ballet	1 recital routine	Thursday	7:30pm to 8:30pm	Lauren H
5079	Contemporary Lyrical	1 recital routine	Thursday	8:30pm to 9:15pm	Lauren H

CONSECUTIVE PERFORMANCE  
CLASSES FOR YOUR  
CONVENIENCE  
GUARANTEED TO BE  
IN THE SAME RECITAL

## FIVE GREAT PROGRAMS! ONE IS JUST RIGHT FOR YOU

FOR DANCERS WHO WANT TO GO BEYOND A RECREATIONAL PROGRAM!  
NO TRYOUTS NEEDED!

### CHEER DANCE INC. COMPETITION TEAM

LEARN TUMBLING, LIFTS, STUNTS  
AND DANCE TEAM TECHNIQUE

#### REQUIREMENTS

- Perform in a competition and in the recital
- Purchase the MPA Team Jacket - optional
  - FEES
  - \$25 annual registration fee
  - \$25 choreography fee (\$15 MPA members)
  - \$20 family volunteer fee
  - will be credited to your account upon 1
  - hours of service
  - competition entry fee varies due late winter

#### AGE 6-12

- 5100 TUMBLING required  
Wednesday 4:45pm to 5:30pm
- 5114 CHEER DANCE INC. TEAM  
1 competition/recital routine  
Wednesday 5:30pm to 6:15pm

### COMPETITIVE DANCE TEAM PREP

ELEVATE YOUR TECHNIQUE  
LEARN DANCE TEAM SKILLS AND  
CHOREOGRAPHY

#### REQUIREMENTS

- Perform in a competition -  
Fees vary and are due late winter
- Perform in the recital
- Purchase the MPA Team Jacket - optional

#### AGE 12-TEEN

- 5191 Competitive Dance Team Prep  
Wednesday 7:00pm to 8:15pm

#### HIGHLY RECOMMENDED CLASSES:

- 5181 Stretch Leaps & Turns  
Monday 8:00pm - 8:45pm
- 5096 Dance Team Technique  
Monday 8:45pm 9:30pm
- 5094 Stretch Leaps and Turns  
Saturday 12:00pm to 1:00pm
- 5100 Tumbling Beg/Int/Adv  
Wednesday 4:45pm to 5:30pm

### STEP ABOVE

### COMPETITION TEAM

TAKE YOUR DANCE TRAINING TO  
THE NEXT LEVEL

#### REQUIREMENTS

- Perform in a competition -  
Fees vary and are due late winter
- Perform in the recital
- Purchase the MPA Team Jacket - optional
- Enroll in the required technique classes  
for your age

#### AGE 7-10

- 5119 STEP ABOVE Technique  
required for below class  
Monday 5:00pm to 5:45pm
- 5120 STEP ABOVE Performance  
1 competition/recital routine  
Monday 5:45pm to 6:30pm

#### AGE 11-Teen

- 5085 STEP ABOVE Technique  
required for below class  
Wednesday 7:45pm to 8:45pm
- 5086 STEP ABOVE Performance  
1 competition/recital routine  
Wednesday 8:45pm to 9:30pm
- 5060 Ballet required for above class  
1 recital routine  
Thursday 7:30pm to 8:30pm

### NEW THIS SEASON! VOICE LESSONS

BECOME A COMPLETE  
PERFORMER AND SUPPLEMENT  
YOUR DANCE TRAINING WITH  
VOICE LESSONS!

call 636-394-0023

or email

[danceincorporated@att.net](mailto:danceincorporated@att.net)  
to schedule

private voice lessons at times that are  
convenient for you and the instructor

\$38 per half hour • \$76 per hour

### COMING SOON! AERIAL SILKS

TRY THIS UNIQUE AND FUN NEW  
FORM OF MOVEMENT

Aerial dance training, is unique in offering  
each student their own apparatus on which  
to work. It teaches not only aerial skills and  
tricks, but also how these elements can be  
seamlessly merged with dance movements  
on the floor. Discover a new body-space  
relationship while having fun in a safe  
environment.

call 636-394-0023 FOR MORE INFORMATION